



THE METROPOLE
HOTEL & SPA
★★★★



SPENCER'S BRASSERIE

lunch menu



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Please find a vacant table and seat where you are most comfortable. When you are ready to order please approach the Bar and give your food and drink order to our staff.

STARTERS

Spencer's Salmon Fishcakes with Sautéed Baby Spinach, Ginger & Spring Onion Remoulade Starter		£7.95
<i>Main Course with Chips & Salad</i>		£15.95
Spencer's Prawn Cocktail & Tomato & Brandy Sauce		£7.95
Roasted Focaccia with Garlic Mushrooms & Hallumi with Balsamic Syrup (V)		£7.50
Baked Breadcrumbs Mozarella Sticks with tomato Salsa Dip		£6.75
Smoked Salmon, Fennel and Red Onion Salad with Vietnamese Dressing		£7.95
Chicken Liver and Brandy Parfait & Fruit Chutney		£7.95
Tomato and Mozzarella Salad with Basil Dressing and Black Olives (V)		£6.95



SALADS

Spencers House Salad (V)	small	£6.75
Baby Gem, Cherry Tomato, Rocket, Parmesan and Spring Onion	large	£8.75
<i>Choose a Dressing</i>	<i>Add to your house salad:</i>	
Caesar Dressing		
Vinaigrette	Grilled Salmon Fillet	£6.75
Blue Cheese	Strips of Fillet Steak	£8.75
Lemon Olive Oil	Grilled Hallumi & Lentil (V)	£6.25
Spencer's Chicken Caesar Salad with Crispy Pancetta and Anchovies	small	£7.75
	large	£12.75

MAINS

Cod in Real Ale Batter, Spencer's Chips and Pea Pûrée	£16.50
Braised Shank of Lamb, Red Wine Sauce, Tender Stem Broccoli and Mashed Potato	£17.95
Welsh Dragon Sausages, Mashed Potato, Garden Peas and Rich Onion Gravy	£15.75
Free Range Chicken, Ham & Leek Pie topped with Puff Pastry & Chips	£15.95
Chick Pea and Sweet Potato Curry with Basmati Rice (V)	£13.95
Mushroom and Bean Fajitas served with Guacamole Sour Cream, Spicy Salsa and Flour Tortillas (V)	£14.25



FROM THE CHAR-GRILL

8oz Local Beef Fillet Steak	£25.50
8oz 28 Day aged Sirloin Steak	£22.50
Local Lamb Chops	£22.50
Gammon with 2 Fried Dolau Eggs	£17.50
Salmon Supreme	£17.95
Grilled Free Range Chicken Supreme topped with Bacon, Welsh Farmhouse Cheddar Cheese and BBQ Sauce	£17.50

All Char-grilled dishes are served with Café de Paris Butter and your choice of potatoes:

Chips	
New Potatoes	
Dauphinoise Potatoes	
Sweet Potato Fries <i>upgrade</i>	£1.00
<i>Add: Peppercorn Sauce</i>	£1.15
Barbeque Sauce	



SPENCERS BURGERS

Classic 8oz Beef Burger	£13.75
Metropole Mega Double Burger	£16.25
Crispy Chicken Fillet – Free Range Chicken Breast with Panko Breadcrumbs & Sweet Chili sauce	£13.95
Veggie Burger – a Spicy Mix of Beans and Sweet Potato served with Crisp Salad & Gherkin in a Sourdough Bun	£12.95
<i>Add: Crispy Bacon, Monterey Jack Cheese, Welsh Cheddar, Avocado, Chilli con Carne</i>	75p each

All Burgers come with chips, salad and tomato ketchup

Proudly Supporting Local Food Producers and Farmers

PASTA

Traditional Italian Tagliatelle – large **£13.90**
small **£7.95**

You choose your own sauce

1. *Beef Bolognese*
2. *Free Range Chicken, Creamy Pesto Sauce topped with Smoky Pancetta*

Macaroni Cheese large **£12.65**
small **£7.95**

*why not add Smoked Salmon for £2.50
or Spinach, Chorizo or Sun-blushed Tomatoes for £2.00*

Add Garlic Bread **£1.75**

SPENCER'S PANINI All £8.75 each

Served with Chips & Salad

- Halluomi, Red Pepper and Green Pesto
- Roasted Mediterranean Vegetables with Sunblushed Tomatoes
Olives & Feta (V)
- Tuna & Melted Welsh Farmhouse Cheddar
- Free Range Chicken, Bacon, Brie & Cranberry Sauce
- Welsh Ham, Tomato & Welsh Farmhouse Cheddar

SANDWICH SELECTION

All Sandwiches are garnished with Salad, Coleslaw and Tyrrells Crisps

Please choose your freshly baked bread and delicious fillings from the following options.

Selection Of Special Breads:

White or Granary Bloomer **£6.25**
White or Wholemeal Baguette **£7.25**
Tortilla Wrap (Healthy Option) **£6.75**

Selection Of Fillings:

Coronation Chicken
Welsh Farmhouse Cheddar with Pickle (V)
Smoked Salmon with Cream Cheese
Prawns with Tomato and Brandy Sauce
Home Cooked Gammon with Peppercorn Mustard
Roast Welsh Beef with Horseradish
Tuna with Low Fat Mayonnaise
Free Range Dolau Egg & Cress (V)
Char-grilled Mediterranean Vegetables with Feta Cheese (V)

TOASTED SPENCER'S CLUB SANDWICH **£13.95**

A Triple Decker of Free Range Chicken Breast,
Crisp Bacon & Salad

Served with Chips and grated cheese

SPENCER'S HOT STEAK SANDWICH **£14.95**

Alex Gooch's Award-Winning Focaccia with
Hot Beef Steak with Balsamic Onions and Chips

SPENCER'S HOT BAGUETTE **£8.75**

Crispy Bacon with Welsh Farmhouse Cheddar,
served with Crisp Salad, Coleslaw & Crisps

SIDE ORDERS

All **£3.50 each**

Chips
Onion Rings
Sautéed Mushrooms
Dauphenoise Potatoes
New Potatoes
Sautéed Spinach
Medley of Steamed Vegetables
Mixed Salad
Garlic Bread (*with cheese*) **£2.65 / £3.40**
Sweet Potato Fries **£3.95**

BAKED POTATOES All £8.50 each

Please select from the following fillings:

Welsh Farmhouse Cheddar (V)
Tuna with Low-fat Mayonnaise
North Atlantic Prawns with Tomato and Brandy Marie Rose
Chilli Con Carne
Bacon and Welsh Farmhouse Cheddar
Heinz Baked Beans and Welsh Farmhouse Cheddar (V)
Char-grilled Mediterranean Vegetables with Feta Cheese (V)
Coronation Chicken

TREAT YOURSELF TO A PUDDING

Apple & Blackberry Crumble with Creamy Custard **£6.95**
Sticky Toffee Pudding with Toffee Sauce **£6.95**
Chocolate Torte with a Mango Sorbet **£6.95**
Fresh Fruit Salad with Cream **£6.50**
Affogato – Vanilla Ice Cream & Espresso Coffee **£5.75**
Why not add a Disaronno Liqueur to your Affogato? **£4.15**
Luscious Lemon Cheesecake with Fruit Coulis **£6.95**
Farmhouse Ice Creams **£5.95**
Chef's Homemade Bread & Butter Pudding
with Orange Syrup **£6.95**
Welsh Cheese & Biscuits **£8.50**

Milk Shakes All £4.95 each

Delicious Milk Shakes made with Mary's Farmhouse Organic Ice Cream

Chocolate
Strawberry
Banana
Raspberry

Before ordering please speak to our staff if you have a food allergy or intolerance. Many of our dishes are gluten free. Ask a member of staff for more information.

Please note our dishes are prepared in areas where allergenic ingredients are present, so we cannot guarantee that our dishes are 100% free of these ingredients.

