

Our dietary guide marks will help you choose the right items on the menu to suit your dietary needs.

G = Gluten free    W = Wheat free  
V = Vegetarian    D = dairy free

We are unable to guarantee nut free products on our menu. Please enquire.

## Starter



Smoked Salmon with Rocket & Vietnamese Dressing £6.95

Baked Field Mushrooms with Artichoke, Bacon, Spinach & Cenarth Caerphilly £6.25

Smooth Chicken Liver Parfait, Fruit Chutney & Toasted Rye Bread £6.95

Spencer's Salmon Fishcakes, Sautéed Baby Spinach, Ginger & Spring Onion Mayonnaise

Starter: £5.95  
Main Course with Chips: £10.95

The Metropole Prawn Cocktail with Avocado, Quails Egg & Tomato Brandy £8.95

Coconut & Butternut Squash Soup £5.95

## Salads

Cajun Blackened Salmon with Grapefruit Salsa £12.95

A Tian of Beetroot & Pine Nuts with Sunflower Bread, Warm Goats' Cheese & Romesco Sauce (V) £9.95

Chicken & Chorizo Salad with Red Pesto Dressing (GW) £10.95

Grilled Squid Salad on Bruschetta £9.95

## Main



Giant Cod in Real Ale Batter, Spencer's Homemade Chips & Pea Purée £12.95

Braised Shank of Nantmel Lamb, Red Wine Sauce & Roasted Shallots £12.95

Classic French Coq au Vin. Chicken, Reisling Wine, White Baby Onion & Pancetta (GW) £13.95

Brecon Game, Port & Juniper Pie with Crispy Puff Pastry £12.95

Monkfish & Mango Kebabs, Saffron Rice & Mint Dip £15.95

Thai Red Chicken Curry Served with Fragrant Basmati Rice (GWD) £12.95

Thai Green Vegetable Curry Served with Fragrant Basmati Rice (VGWD) £10.95

Vegetarian Fresh Pasta with Aubergine, Tomato, Garlic & Basil Sauce Glazed with Cheese £10.00

## New Spencer's Combo

£17.95

Spicy Chicken Wings, Sticky Spare Ribs, Mississippi Chicken, Onion Rings, Cajun Potato Wedges, Crispy Jalapenos, Breaded Garlic Mushrooms, Served with Barbecue Sauce & Garlic Mayo

A generous main or Ideal to share as a starter for two



## From The Char-Grill



9oz Welsh Black Fillet Steak £17.95

9oz Welsh Black Rib Eye Steak £14.95

Welsh Lamb Chops £14.95

Free Range Welsh Pork Chops £12.75

Lime & Coriander Chicken Fillet £13.95

8oz Loch Fyne Salmon Supreme £12.95

The Classic 10oz Welsh Black Beef Burger (with or without Cheese) served with Homemade Chips and Frenchies Mustard £10.95

(Try our Avocado Chips for only £2.95)

All Char-grilled dishes are served with salad garnish, Café Du Paris Butter and your choice of potatoes:

Homemade Chips  
New Potatoes  
Goosey Garlic Potatoes

Add: Peppercorn Sauce 50p

### Opening Hours

Monday to Thursday 6:30 to 9:30 p.m.

Friday & Saturday 5:30 to 10:00 p.m.

A minimum cover charge of £10.00 per person will apply to parties of 8 or more on Thursdays, Fridays & Saturdays



To book, ring Reservations on 01597 828525 \*Metropole Hotel, Temple St. Llandrindod Wells. Powys. LD1 5DY

## Side Orders



All £2.50 each:

Homemade Chips  
Onion Rings  
Sautéed Mushroom  
Goosey Garlic Potatoes  
New Potatoes  
Sautéed Spinach  
Medley of Steamed Vegetables  
Garlic Bread (with cheese £2.95)  
Mixed Salad

Avocado Chips (£2.95)

## Puddings



All: £5.75 each:

Warm Intense Chocolate Fudge Cake with Vanilla ice Cream (V)

Wonderfully Sticky Toffee Pudding with Butterscotch Sauce & Celtic Crunch Ice Cream (V)

Smooth White Chocolate & Lime Cheesecake

Warm Bramley Apple Crumble with Vanilla Ice Cream & Custard

Various Flavours of Mary's Delicious Farmhouse Organic Ice Cream (VGW) £5.95

Superb Selection of Caerfai Cheddar, Pearl Las (Blue), Cenarth Brie, Caerphilly & Assorted Biscuits served with Grapes

## Milk Shake

£3.50

Delicious Milk Shakes made with Mary's Farmhouse Organic Ice Cream  
Chocolate                      Raspberry  
Strawberry                      Banana

## Hot Drinks

Cafe Crème £1.90  
Americano £1.90  
Espresso £1.90  
Cappuccino £2.10  
Cafe au Lait £1.90  
Latte Macchiato £2.10  
Hot Chocolate £2.00  
Speciality Teas £1.60  
Pot of Tea for Two £3.60

FAIRTRADE

## Favourite Drinks

Pint of Carlsberg £2.90  
Pint of Tetleys Smooth £2.90  
Pint of Double Dragon £3.10  
Pint of Celtic Pride £3.10  
Pint of Strongbow £3.10  
Pint of Guinness £3.10  
Bottle of San Miguel £3.10  
Bottle of Stella £3.10  
Bottle of Holsten Pills £3.10  
Bottle of Becks (alcohol free) £2.10  
Britvic Fruit Juices £1.70  
J2O Juices £2.30  
Mineral Water £1.70  
Coke or Lemonade £1.40  
Baileys(50ml) £3.70  
Gin (25ml) & Tonic £3.80  
Smirnoff Vodka (25ml) & Coke £2.90  
Dry Martini (50ml) Lemonade £2.90  
Jack Daniels (25ml) & Coke £3.20  
Bacardi (25ml) & Coke £2.90  
Malt Deluxe Whisky (25ml) £3.20  
Martell (35ml) £3.20  
Malibu(25ml) & Pineapple Juice £3.90  
Peach Schnapps(25ml) Lemonade £3.30  
Campari(25ml) & Lemonade £2.90  
Pimms (50ml) & Lemonade £3.90  
Cinzano Bianco (50ml) & Lemonade £2.90  
Whisky(25ml) & Coke £2.80  
Captain Morgan Rum(25ml) & Coke £2.80  
Sherry (50ml) £2.20  
Ruby Port (50ml) £2.80